

"FAT LADY SQUAD" LOSES 80 POUNDS

Illinois Heavies Becoming Discouraged With Dieting Without Results.

CHICAGO, May 2.—Health Commissioner John Dill Robertson and his class of twenty-four over-privileged women are today fixing public attention on the terrors of obesity. The health commissioner took charge of these volunteers for reduction to impress upon the great fleshy school that will power applied to exercise and food would bring them back to normal in weight and health.

The women range from twenty-four to fifty years of age and from 167 to 323 pounds. There are four stenographers, thirteen housewives, three nurses, two clerks and two buyers. They had all heard more or less how Lillian Russell and Summerville had kicked off surplus fat, but without direction and regular exercises they admitted failure.

Now, after five days of trembling and dieting they have lost a total of eighty pounds. No reward offered. The total weight when the class began "trying the fat" was 4,831. Today it is 4,751 pounds. Mrs. Nellie Leonard carried off the honors of the class by bringing her weight down from 323 pounds to 315. The least progress was made by Miss Mary Beglund, who dropped only a single pound during the week.

Some of the women are getting discouraged and are sending excuses for absence.

Robertson Gives Rules.
"There will be outdoor work, plenty of it," Dr. Robertson said. "As bending and stooping are necessary, there will be work over the wash tub and other similar household devices. All manner of exercise will be ordered. The exercise will be adapted to the particular case. Many of these women have done some of the most vigorous work now. Others are employed in offices. Where outdoor exercise would benefit the latter class, it would not help the others."

The dieting will be severe, at least to those who like sweets and rich foods. Here again the individual case will be treated. "Some people get thin on candy, others get fat," the doctor said. "Potatoes, rich gravies and fatty meats work the same way."

Starchy foods, breads, cereals, butter, cream, potatoes and so forth are on the "Verboten" list. Salads, spinach, cabbage, Brussels sprouts, fish and lean meats are the type of foods the doctor has recommended.

Dr. Robertson, who is a fat man, had this further to add:

"As a people, we are too obese," he declared. "We are still-red. If we had lived like the Indians, had each day taken all manner of violent exercise, we would be doing better."

Here's how they do it.

Here is a part of the diary of Florence Peters:

"Breakfast: One baked apple (no cream), one boiled egg, one slice gluten bread toast (without butter), one cup of coffee with saccharine and milk. Not so bad. That will skim milk. I lost 10.50 when I take my half a cup of bouillon and one cracker. This is the life."

"I worked up quite an appetite for luncheon, which consisted of cold roast beef, rye bread for a change, lettuce and two teaspoonfuls of cottage cheese."

"I have lost six pounds somehow. I weighed myself on the butcher's scales and everybody gathered around to watch me. Only 206 now, and still going down. Time for tea with lemon and one cracker. Not very nourishing, but it helps all the vacuum."

"For dinner, boiled codfish with lemon, cauliflower, lettuce salad and an orange. No chance of gaining weight on that. I'm not so hungry now as I was the first day out. I suppose one could get used even to starvation. Half a cup of hot skim milk and to bed."

Not Hungry After Four-Day Fast.
In his talk today Dr. Robertson said:

"Remember that you can get fat on anything—even cranberries and pickles, if you eat enough of them. It isn't what you eat so much as the quantity that counts. If your menu calls for bran buns, that doesn't mean fifty of them."

"If you're hungry, you can fill up on soup. Another way of fooling your stomach is to chew a mouthful of whole wheat. Don't swallow it; just chew it as if it were gum. That satisfies the craving. If you fast properly for four days, you won't be hungry on the fifth."

"No, we'll be dead," interrupted one young woman.

One plump little woman said that instead of rolling on the floor, she had been turning somersaults—the just rolled that way naturally. "Oh, it's awful to see steaks and cakes on the table and every one eating but you. That's a heinous punishment," moaned the steak struck woman.

The fad has been taken up by other reducers. Now a class of male monsters is trying to reduce under the tutelage of a lady fat fighter. One thing in her favor is that she is thin.

GASOLINE SUPPLY MAY RUN SHORT THIS YEAR

Although production of gasoline will be increased this year through new processes the increased use of motor cars makes it questionable whether there will be a sufficient supply, according to a statement issued today by F. G. Cottrell, acting director of the Bureau of Mines.

With the approach of the summer season "the gasoline supply will be tight, if indeed it does not become short," Cottrell's statement declared.

S. Kann Sons Company
THE BUSY CORNER PENN. AVENUE AT 8TH STREET

OPEN
9:15 A. M.

May 2, 1920
Weather—
Always Good at Kann's

CLOSE
6:00 P. M.

S. Kann Sons Company
THE BUSY CORNER PENN. AVENUE AT 8TH STREET

Clip the Coupons Today and Save Money Tomorrow

Every coupon tells of an item at a cut price, made as a test of the pulling power of this paper. None of the offerings will be sold at the price unless you bring the coupon. Read, clip and save.

\$1.00 White Wool Flannel



YD. FOR
75c
WITH THIS COUPON

—31 inches wide, suitable for making children's and infants' petticoats, and other little garments.

—None sold without coupon.

Kann's—Street Floor. (T)

Women's Kid Gloves
Specially Valued at \$2.50, for



\$2.00
WITH THIS COUPON

—Imported Glace Real Kid Gloves; 2-clasp style; embroidered backs. Black and white; white with black, white with white, tan with tan; Paris point stitched backs. All sizes.

—Limit one pair to a person.

—None sold without coupon.

Kann's—Street Floor.

\$5.95 Separate Skirts
For \$4.79

WITH THIS COUPON

—A mixed assortment including a few velveteens, plaids, checks, mixtures. In dark colors chiefly. Not all sizes in all styles or materials.

—None sold without coupon.

Kann's—Second Floor. (T)

Two Tubes
Borine Tooth Paste



25c
WITH THIS COUPON

—Excellent tooth paste, good value.

—None sold without coupon.

Kann's—Street Floor. (T)

Women's \$1.65
Silk Hose



\$1.00
WITH THIS COUPON

—Seamless feet; mock seam legs; double soles, heels and toes; mercerized garter tops. In black and white.

—None sold without coupon.

—Limit 2 pairs to a person.

Kann's—Street Floor. (T)

\$5.75 Pongee Blouses



For
\$3.98
WITH THIS COUPON

—Blouses made with roll collar, long sleeves, pocket, and fasten with large pearl button in front. Especially desirable for business and street wear.

—None sold without coupon.

Kann's—Second Floor. (T)

Rag Rugs



\$1.12
WITH THIS COUPON

—Size 25x50 inches. Only 500 to sell.

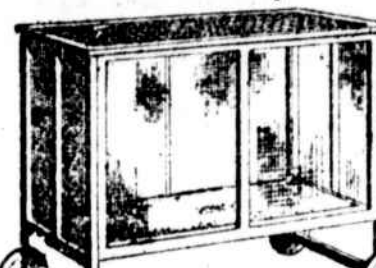
—Ideal for summer use; can be washed and used in all rooms.

—Limit 4 to a person.

—None sold without coupon.

Kann's—Third Floor. (T)

100 Baby Lullabies



\$9.45
WITH THIS COUPON

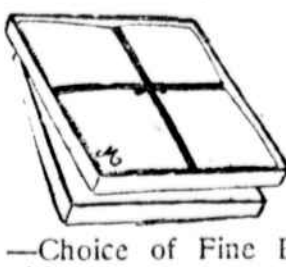
—Regular price, \$14.95. 36 inches long, 19 inches wide; wire spring mattress; sides and ends include the wire mesh. Rubber tired wheels. Complete with cotton tufted mattress.

—None sold without coupon.

Kann's—Fourth Floor. (T)

Women's
Handkerchiefs

3 in Box
Regular 60c Value.



39c
WITH THIS COUPON

—Choice of Fine Batiste Handkerchiefs, with one corner embroidered in dainty colors, 3 in box—or

—Sheer Lawn Handkerchiefs, one corner embroidered, in white and colors, 6 in box. Choice of either, a box, 39c.

—Limit one box to a person.

—None sold without coupon.

Kann's—Street Floor. (T)

Linen Finish
Envelopes



A BOX
18c
WITH THIS COUPON

—Odd lot of envelopes, 100 in box. To match your odd sheets of paper.

—None sold without coupon.

Kann's—Street Floor. (T)

\$1.49 Congoleum

Hall
Rugs, 89c



—Size 18x108 inches (9 feet long). Made in the same designs and colors as the Gold Seal Art Rugs. Useful as tracker for kitchen, hall, etc.

—None sold without coupon.

Kann's—Third Floor. (T)

Children's \$3
Bloomer

Dresses \$2.29

WITH THIS COUPON

—Made of plain or checked gingham. In pink, blue or tan. Sizes 2 to 6 years.

—None sold without coupon.

Kann's—Little Folks' Store—Second Floor. (T)

Suit Cases

\$1.38

WITH THIS COUPON

—Only 50 in lot. Light and strong; made of brownish hard fiber, with brass clamps, lock and key. 24 inch size.

—Limit 2 to a person.

—None sold without coupon.

Kann's—Third Floor. (T)

\$34.95 Genuine Red
Cedar Chests, \$20.00



—Subject to slight imperfections. Only 15 of them; 42 inches long, made with rounded edges, lock and key. Cedar handles; strongly constructed.

—None sold without coupon.

Kann's—Third Floor. (T)

Garbage Cans



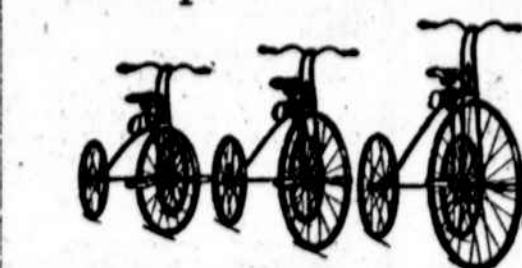
89c
WITH THIS COUPON

—Made of Kann's famous galvanized ware; medium size; tight fitting cover; bail handle.

—None sold without coupon.

Kann's—Third Floor. (T)

CUT THIS COUPON AND SAVE \$1.00
Velocipedes for Boys



—Steel frame, double spoke steel wheels, enameled red; black enamel frames, wooden handle grips; adjustable fiber seats. Priced as follows:

No. Years. Reg. Pr. Selling Pr.

0E 2 to 4 \$3.45 \$2.45

1E 4 to 6 \$3.95 \$2.95

2E 6 to 8 \$4.45 \$3.45

3E 8 to 10 \$4.95 \$3.95

—None sold without coupon.

Kann's—Fourth Floor. (T)

Mrs. Norton's
Cook Book

85c

WITH THIS COUPON

—Our regular price of \$1.25 is very special. A guide for selecting foods, cooking and serving. A collection of hundreds of original, tested recipes.

—None sold without coupon.

Kann's—Downstairs Book Store. (T)

Women's 75c Union
Suits, Each

39c

WITH THIS COUPON

—Fine rib; low neck, no sleeves; shell finish knees. Silk taped neck and arms. Regular and extra sizes.

—Limit 2 suits to a person.

—None sold without coupon.

Kann's—Street Floor. (T)

89c Pound Box Chocolate
Covered Cherries,



75c
WITH THIS COUPON

—Liquid cordial cherries.

—None sold without coupon.

Kann's—Street Floor. (T)

Women's 75c
Sport Belts,

68c

WITH THIS COUPON

—Narrow kid belts, or patent leather, in assortment of colors.

—None sold without coupon.

Kann's—Leather Goods Store—Street Floor. (T)

98c Table Covers

29c

WITH THIS COUPON

—Limited quantity only. Each fringed all around; made of washable Nearlin in stripes that resemble Belgian linen. Yard square. For center table, etc.

—None sold without coupon.

—Limit 2 to a person.

Kann's—Third Floor. (T)

\$3.50 Bed Spreads

\$2.75

WITH THIS COUPON

—size 80x90 inches, double bed Riplette spread; kind used in hospitals. Require no starch or ironing and make a good covering for cool nights.

—None sold without coupon.

Kann's—Street Floor. (T)

Children's \$2.50
Rompers, \$1.69

WITH THIS COUPON

—Made of Amoskeag gingham, in two pretty styles. Pink or blue. Sizes 2 to 6 years.

—None sold without coupon.

Kann's—Little Folks' Store—Second Floor. (T)

35c Half Pound Cake
Chocolate

19c

WITH THIS COUPON

—Vanilla Sweet Chocolate, and Milk Chocolate. Very special.

—None sold without coupon.

Kann's—Street Floor. (T)

Ivory Soap



6 Cakes for 41c

WITH THIS COUPON

—Limit 6 cakes to a person.

—None sold without coupon.

Kann's—Third Floor. (T)

Hairy Growths Vanish
Before Your Very Eyes
New Method Banishes Superfluous Hair

The new way to remove superfluous hair—the phaeo-lax way—is rapidly superseding the old-fashioned depilatory methods, as well as electricity, razor and tweezers. And no wonder! Here is a product so harmless a child could safely use it—no non-irritating and odorless it is altogether pleasant to use—and the process is so quick acting that it actually removes the hairs entire, in just a few seconds!

You will surely have the surprise of your life if you obtain a stick of phaeo-lax from your druggist and follow the simple directions which accompany it.